

PARANORMAL UNDERGROUND®

Volume 16, Issue 10

October 2023

THE CASH-LANDRUM
UFO INCIDENT

THE NOTORIOUS LAKE
MICHIGAN TRIANGLE

5 Lessons From
THE SHADOW

Demon Hunter
Joseph C. Stewart

NECROMANCY
COMMUNING WITH
THE DEAD

HAUNTED HOLLYWOOD
Celebrity Ghost
Encounters

ALSO INSIDE:

5 UNUSUAL MYTHOLOGICAL CREATURES ACROSS CULTURES

IRISH SPIRITS: LEAP CASTLE AND BEYOND

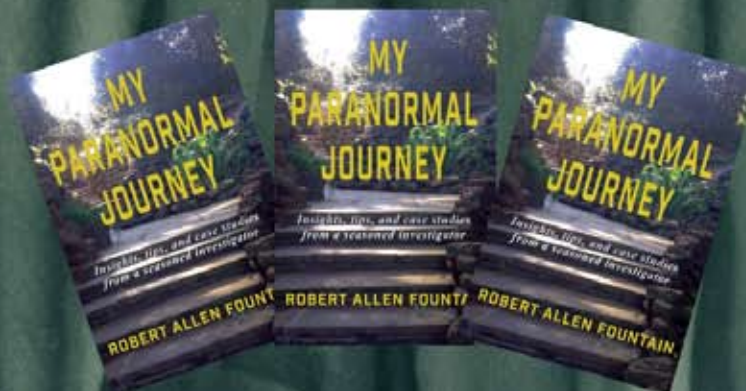
WURTSMITH AIR FORCE BASE UFO ENCOUNTER

THE PHANTOM JANITOR: A HALLOWEEN TALE

MY PARANORMAL JOURNEY

INSIGHTS, TIPS, AND CASE STUDIES FROM A SEASONED INVESTIGATOR

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Cheryl is a psychic medium, remote viewer, explorer, and researcher. Having her first paranormal experience at a young age made her realize she had a unique Sixth Sense and was able to communicate with those on the other side. Her passion for one haunted location afforded her the opportunity to appear and consult in Chris Halton's documentary *A Haunting at Bachelors Grove*, one of the most haunted cemeteries in the Midwest.

She is an experiencer and a member of MU-FON and CE-5. She served as a consultant for Thomas Conwell's books *They Are Here: Central U.S. UFOs* and *Earthquakes and UFOs*. Cheryl is an international author of eight books, including *Edge of Darkness*, *Chosen*, and *Dimensions: Mysterious Triangles of the U.S.*, and she is the co-author of *Digging Into Skinwalker Ranch* and *The Basin Files: Skinwalker Ranch*.

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Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

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Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.



WARREN GRAY

Warren is a retired, U.S. Air Force intelligence officer with experience in joint special operations and counterterrorism. He served in Europe (traveled to Ireland twice) and the Mid-



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Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



KELSEY CHRISTINE MCCONNELL

Kelsey received her bachelor's degree in television and film production from SDSU in 2016, as well as her MFA in musical theatre writing from NYU in 2018. When she's not writing for Open Road Integrated Media, she uses most of



her free time for napping, writing her own novels, and snuggling with her dog. She's a co-host of the movie review podcast *The Movie Broads*.

themoviebroads.com

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator.



Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experimenter herself, dealing with paranormal phenomenon since childhood.



The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.



Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.



We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, etc.

Your submission can be anonymous!

And if you have any topic suggestions that you'd like us to cover, write us and let us know. We love exploring new paranormal subjects and highlighting investigators in the field.

PARANORMAL UNDERGROUND®

Volume 16, Issue 10 - October 2023

www.ParanormalUnderground.net

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FEATURED EVENT: **OZARK MOUNTAIN UFO CONFERENCE** **APRIL 12-14, 2024**

The Ozark Mountain UFO Conference will take place at Best Western Inn of the Ozarks in Eureka Springs, AR. Featured guests include Nick Pope, Marc D'Antonio, Penny Kelly, and Pamela Nance. Stay tuned for more guests to be added to the lineup.

According to the event site: "We are proud to be able to con-

tinue this time-honored tradition created by the late Lou Farish of bringing thought provoking and new information about the other worlds around us."

The event is sponsored by Ozark Mountain Publishing, a metaphysical/spiritual book publisher. For more information, visit ozarkufoconference.com.

November 4-5

Mid-Michigan Paranormal Convention
Mt. Pleasant, MI
midmichiganparacon.com

November 4-5

Gift of Light Expo
Columbus, Ohio
giftoflightexpo.com

November 4-5

The New Jersey Paraunity Expo
Woodbridge, NJ
newjerseyparaunityexpo.com

November 10-12

Port Gamble Ghost Conference
Port Gamble, WW
portgamble.com/upcoming-events/ghost-conference

November 10-12

Stairway to the Stars
Luxor Las Vegas
disclosurefest.org

November 10-12

Monster-Mania Con
Oaks, PA
monstermania.net

November 11-12

Salem ParaCon
Salem, MA
theshamanandtheshowman.wordpress.com

November 17-19

Days of the Dead
Chicago, IL
daysofthedead.com

November 17-19

Mad Monster Party Atlanta
Atlanta, GA
madmonster.com/otherevents

Fall 2023

Central PA-ranormal Convention
Date and location TBD
centralparacon.weebly.com

December 1-3

Ufology World Congress
Mexico City
theufologyworldcongress.com.mx

March 21-24, 2024

Squatchcon
Port Angeles, WA
squatchconpa.com



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POSSESSED STUDENTS, AIR SHOW UFO & HAUNTED MORTUARY

BY MORGAN LINEBERRY

SCHOOL'S OUT FOR SPOOKY REASON

As kids, we all hoped that classes would be canceled at school, but not for the reason classes were recently canceled in one high school, according to Tim Binnall of *Coast to Coast AM*. "Classes at a high school in the Philippines were canceled after a staggering 14 students were seemingly possessed by an evil spirit," according to the report.



The alleged incident occurred at Hinawanan National High School in early October. It began with one student seeing a black figure and escalated to "fourteen students at the school suddenly began screaming and exhibiting an uncanny level of strength" within a few days.

A priest performed an exorcism, and the affected students went to the hospital for observation. The rest of the students got a week off. Was this just an elaborate high school hoax, mass hysteria, or did something sinister really decide to invade this school?

WHAT ARE GLOBSTERS?

Something abnormal may have washed ashore in Papua New Guinea, according to Harry Baker of *Live Science*. The strange creature, described as "a ghostly white lump of rotten flesh in the shape of a mermaid," left discoverers baffled.



The creature is being called a "globster," and apparently they tend to wash up from time to time in this area.

It is hard to tell what they are because of decay and missing lumps of flesh.

While many people maintain that they are just whales or dolphins, it is entirely possible that they could be something still undiscovered by science, because no one can accurately identify them after this level of decay. This leaves a slew of possibilities!

AIR SHOW SPECTATORS SPOT UFO

This year's English Riviera Air Show may have attracted more than humans. An alien craft was apparently photographed during the show, according to *DevonLive*. The triangular object appeared between the Red Arrows planes, leaving spectators baffled.



The UFO was photographed and filmed by some on-lookers. An anonymous witness said the object was traveling at least a thousand miles per hour as it "shot right through the middle of their display." There were many witnesses due to the popularity of the event, and the fact that it was a bright, sunny day with a clear blue sky made the object completely visible.

Clearly, whoever was piloting the craft was not worried about being seen.

URBAN EXPLORER GETS SPOOKED

Urban explorer Ben James may have stumbled upon more than he bargained for at an abandoned mortuary in Belfast, Northern Ireland.

Mirror news reporter Anthony Thrower states that James “heard bangs from different rooms and what sounded like a man crying, even though he was alone in the building.”



Not surprising for a mortuary that was abandoned after “a body was returned to its family without a brain.” Why would they keep a brain? What kind of strange events occurred in this place? The building has only been empty for about seven years and “still has some of the death certificates and the ambulance certificates” scattered inside, as well as equipment and even a burial suit in the freezer.

HIGH-TECH HUNT FOR LOCH NESS MONSTER

A large group of amateur sleuths converged on Scotland’s Loch Ness over the final weekend of August in what was billed as the largest Loch Ness monster hunting expedition in 50 years, according to PBS News Hour. Co-organized by the Loch Ness Centre and Loch Ness Exploration, a volunteer research organization, the gathering employed advanced tools like thermal-imaging drones and hydrophones to hunt for the legendary creature known as Nessie.

Despite the high-tech equipment and live-streamed



webcams, the search party failed to capture concrete evidence of the elusive cryptid, underscoring the mystery that has captivated imaginations for centuries.

“We know the monster is elusive, so it is not surprising we don’t have a concrete sighting, but we’ve all had lots of fun and proven the mystery lives on,” said Alan McKenna of Loch Ness Exploration.

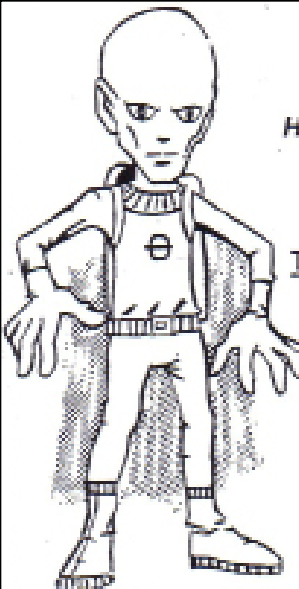
According to historical records, the first reported sighting of Nessie dates back to the 6th century, attributed to St. Columba, an Irish priest who is said to have banished the creature to the loch. Despite the lack of definitive evidence, interest in the Loch Ness monster remains high, with believers continuing to speculate on what might lurk beneath the waters of this Scottish lake.

UFOS VISIT CATALINA ISLAND

There seems to be a certain area in California that is attracting round UFOs, according to a U.S. Sun article. Kathleen Hill lives on Catalina Island and “has spotted the enigmatic shapes around five or six times,” over the years, beginning in 2007 or 2008, with the most recent occurrence being this year.



According to Hill, the round orange lights “just stayed in the same spot” for almost an hour before simply disappearing on one occasion. During another sighting, the lights moved suddenly and simultaneously, turning “into almost ... half circles,” before vanishing. Their synchronicity and changing patterns seem to indicate intelligence, which leads us to wonder what these UFOs may be watching in this specific area. ♦



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‘Five Nights at Freddy’s’ Haunts Theaters

While Netflix’s ‘The Devil on Trial’ Questions Evil’s True Source



“Five Nights at Freddy’s” (Image: Screen Rant)

By Kelsey Christine McConnell, The Lineup

In 2014, Scott Cawthon released *Five Nights at Freddy’s*, a chilling indie video game that took the world by storm. Since then, several popular sequels and spin-offs have followed in the franchise. The cultural impact of this craze saw the release of quite a few novels and graphic novels in the franchise as well.

Now *Five Nights at Freddy’s* is coming alive like never before. On October 27, this cult favorite game is being adapted into a movie, coming to theaters and Peacock streaming.

The *Five Nights at Freddy’s* video game takes place at a family pizza chain called Freddy Fazbear’s Pizza, a locale not unlike the Chuck E. Cheese’s many of us frequented in our youth. The restaurant features an iconic mascot, the animatronic bear, Freddy Fazbear. Players take on the role of a member of the night staff, and soon

discover that, when the restaurant closes, all of the building’s animatronics wander the halls, looking to kill anyone that gets in their path.

Blumhouse Productions — in tandem with Scott Cawthon Productions — produced the film adaptation. Emma Tammi (*Into the Dark*) directed the movie, as well as co-wrote the screenplay with Cawthon and Seth Cuddeback. Cawthon’s heavy involvement in the making of the film promises a story that is true to the soul of the source material.

Josh Hutcherson (*Future Man*, *The Hunger Games*) stars as Mike Schmidt, a new nighttime security guard at Freddy Fazbear’s Pizza. When he discovers the animatronics are alive and hungry for vengeance, he must keep himself alive for six long hours after midnight with very limited resources.

Check out the trailer for *Five Nights at Freddy's* [here](#)!

Netflix's New Documentary 'The Devil on Trial'

Even if you don't believe in the supernatural, the evil that lives within the hearts of some humans is terrifying enough. But what happens when someone places the blame for a horrific act on the Devil? This new Netflix true crime documentary follows the only recorded example of demonic possession as a defense in an American murder trial.

If you saw the third installation of *The Conjuring* film series, based on the cases of Ed and Lorraine Warren, then you might already be familiar with the chilling case of Arne Cheyenne Johnson. Better known as the "Devil Made Me Do It" case, 19-year-old Johnson killed his landlord, Alan Bono, on the evening of February 16, 1981.

Just a few months before Johnson stabbed Bono to death, 11-year-old David Glatzel — the younger brother of Johnson's girlfriend, Debbie — was allegedly possessed by a demon. His odd behavior saw his family bringing in the help of not only the Warrens, but of a Catholic priest. As



"The Devil on Trial" (Image: Dorothy Street Pictures)

they allegedly exorcised the demon from young David, it then took up residency in Johnson's body.

But could this simply have been a convenient excuse to evade a murder charge? As Johnson went to trial with this bizarre defense, the story caused a frenzy in the media. Though this captivating story has been fictionalized on screen several times, this documentary aims to deliver the truth.

Alongside reenactments and home videos, the people directly involved with the eerie events tell their story for the first time.

The Devil on Trial arrives on Netflix on October 17. ♦

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DEMON HUNTER JOSEPH C. STEWART:

Bridging the Gap Between Science & the Paranormal

By Cheryl Knight-Wilson

Starting at an early age, Joseph C. Stewart was drawn to the mysteries that exist on the fringes of our understanding — UFOs, cryptozoology, and all things paranormal. But his hunger for knowledge didn't stop there. Over the years, he delved deeply into the sciences, eventually earning a bachelor's degree in computer science to complement his associate's degree in general science.

For Joe, the pursuit of the unknown is not about indulging fantasies; it's about seeking the truth. His methodical approach to paranormal research involves exhaustive reading on the subject, followed by empirical investigations. From observing and documenting to analyzing data, Joe ensures that his conclusions are derived from thorough research. His book, *Demons: A Secular Look*, offers readers a glimpse into his meticulous methodology as he explores the realm of demonic entities and how to counteract their negative impacts.

With more than 50 years of experience investigating the paranormal — including stints with APRO and MU-FON — Joe is not just an armchair theorist. His fieldwork has even led him to personal encounters with phenomena such as Sasquatch, adding another layer to his already impressive portfolio of research.

Joe recently talked with *Paranormal Underground* magazine about some of his most profound experiences with ghosts and demons, as well as his insights into the world of paranormal phenomena, explaining how his work intersects with demonology, cryptozoology, and UFO studies.

* * * * *

Q: Please tell us about yourself.

Joe: I'm an IT professional with a keen interest in the paranormal and most things weird going back to childhood. I am very addicted to the paranormal, UFO/UAP, and looking for and studying cryptids.



Joseph C. Stewart continues his lifelong quest to uncover the truth behind paranormal phenomena. With degrees in computer science and general science, he bridges the gap between the known and the unknown.

Q: What initially sparked your interest in the paranormal?

Joe: Nothing in particular sparked my interest in the paranormal. I have always had an interest. I'm a firm believer that the paranormal can be explained through science. It's just that science may not be up to the task right now, but I have confidence it will be there one day.

Q: More than 50 years as a ghost hunter and 11 years as a demon hunter is quite a long period to dedicate to the paranormal. Can you share a few experiences or cases that had the most profound impact on you?

Joe: Sure, here's some information about one of my demon cases. A woman, after a divorce, wanted her husband back. She tried to win him back the conventional way. Then she contacted a man in Nigeria, Africa, who claimed to be a voodoo priest. He would create a love spell using an oil potion and soap for a substantial fee, guaranteeing her ex-husband would fall back in love with her.

What showed up once she opened the package from Africa was a sex demon (an incubus). After a couple of days, this is what happened to her:

One night, she put her kids to bed and took a shower. It was an early spring evening. She started her shower using the love soap. She noticed that the shower doors were cold to the touch; it wasn't condensation on the glass doors but frost. Something was watching her, which gave her a creepy feeling. There were puffs of what one could only describe as someone's breath on a cold winter's day flowing from the top frame of the glass shower doors onto her body.

She shut down the shower and stepped out into the room; nothing was there. The coldness had left the bathroom. She thought her imagination had got the best of her. She went ahead and applied the love oil to her body, and then she checked on her kids one last time before going to bed.

She still couldn't shake the feeling of being watched as she walked through the now-darkened house to her bedroom. She wasn't sure she would be able to sleep; there was a presence in the bedroom. She scanned the room, looking for any hint of an intruder. All she found was a foreboding feeling, but it didn't keep her from drifting off to sleep.

She awoke with a start. Something was above her, descending from the ceiling and stopping inches from her face. She noticed the light from the window was being blocked. Fear gripped her; she tensed up, trying to scream, but silence dominated the room. An unanticipated strange



The touch of the incubus: This photo, which shows a handprint burn on a women's leg, comes from Joe's case files.

euphoria took over her body and mind. It was a stress-free feeling she didn't want to part with. She thought there was no malicious intent, so she surrendered.

While lost in rapture, things abruptly changed. She felt her legs savagely pulled apart, and then came the painful penetration and the stark realization she was being raped. She couldn't fight the entity that forced itself on her. Trapped in her body, she tried to disassociate herself but was drawn back by its hideous laughter as it brutally raped her; this continued every night.

When we got to her, she was on the verge of a mental breakdown. Her two-year-old daughter was being groomed as its next victim. The little girl didn't act normal when we first met her. She acted like a zombie, not an energetic two-year-old child with endless questions.

We were able to remove the incubus and restore the family once more to a normal state. A few years later, we ran into her. She had a new man in her life and was very happy and engaged to be married. I learned that the demonic had no boundaries and that everyone, young and old, could be a target.

Here's a recent "ghost experience" I can share: There's a cabin in northern Michigan that my wife and I rented this past summer. Now, mind you, I've had decades of experiences with ghosts, but this one gave me a



Joe, armed with determination and a camera, delves deep into the forest's untouched corners in a quest to unravel the enduring mystery of Bigfoot.

better perspective on what the ghost was going through; it struck a chord of compassion within me.

When we were unpacking, we realized the cabin was haunted. I had my REM-POD with me, so we started communicating with the ghost. The results were the strongest I have ever seen with the REM-POD. My wife, Durinda, who is an excellent medium, was able to talk with the ghost. He revealed his identity as Robbie, who knew he was dead, yet he seemed disconnected from that fact. His desire to be with his friends made him a prisoner of the cabin. We sat in the living area as Robbie told us his tale through Durinda.

In fall 1998, Robbie, a 30-year-old man, got married two months earlier in Minnesota. He left for Michigan for his yearly meet up with his buddies for dirt bike riding in Michigan's Upper Peninsula. He prided himself on coming a day early, making everything ready for his friends, and checking the safety of the trails for motor-crossing. This had been a tradition with the men for many years. Unfortunately, Robbie was killed by hitting a tree with his motorcycle while testing a route. He died instantly and never noticed the transition. Robbie saw his twisted bike and returned to the cabin but didn't remember how he got there. He remains 25 years later, still waiting for his friends to show.

We always left a light on when we left for the evening, but Robbie requested us to leave it off. He preferred it

dark and said he could see fine in the dark. When we returned, the lights would come on even though I never turned the switch to the light.

At night, it would get cold. I had a blanket on, and I would wake up in the middle of the night with the blanket folded in half on my chest. Robbie would sit on the edge of the bed on Durinda's side and weigh the bed down. You could see the depression. She watched as he tidied up her blanket. I saw him several times late at night, moving about as a shadow.

It reminded me that ghosts were once humans. They still feel all we do and exhibit an obsessive nature to their determination. They are lost and confused, just like wandering in a dream. We must remember to treat them with respect. They are trapped where they are and have nowhere to go unless you can show them the way out and break their obsession.

Q: Your book, *Demons: A Secular Look*, takes a scientific approach to exploring the paranormal. How do you balance your rational, scientific mindset with the mysterious and often unsettling nature of these phenomena?

Joe: I don't find a significant discord between science and the paranormal; it's more the people who represent science where the problem arises. I think, foremost, scientists see such a pursuit as a career killer, and they are probably right.

We end up with people like you and me looking for our own answers the best way we can. Some are more successful at it than others. We always want to look to authority for answers and confirmation. The joke is that you out there probably know more about the subject than the so-called authorities.

Q: Your book description begins by saying, "Demons are real; they roam our world looking for opportunities to heap destruction upon us." What's the difference between a demon and an evil spirit?

Joe: It depends on what you define as an evil spirit. A ghost is a deceased human. I suppose a dead serial killer who has become a ghost when interacting with the living could be construed as evil.

The demon, however, is not human. I see it as a predator of humankind. It feeds off our emotions and has a great hatred for our race. It has nothing but bad intentions toward us and thrives on your disbelief in demons, which is to its advantage.

Q: What are the primary signs that a demon is near?

Joe: For example, the house is in great chaos when it is in a home. It is like an animal's den in that house. The owner has no willpower to bring the place to any semblance of order. The person in that environment suffers harassment to break their will, and their emotions are fed on by the demon. You become its property, and it will isolate you over time.

Other than that, there is no real way to discern its presence; sometimes, they can be the most accommodating if necessary to manipulate certain people, including children. They don't want you to know they exist; that way, they can continue without fear of discovery.

Q: Is it possible to get rid of a demon once they have their sights on you?

Joe: Yes, my organization, the Society of Demonologists, does just that, and I have been doing it successfully since 2016. I will also add that demons, other than sex demons, travel in gangs, averaging around eight; it is not a single demon. It is safe to say where there is one demon, there is more.

Q: Have you ever worked with the church as a demonologist?

Joe: No, I'm usually called in when the church fails or refuses to help. Demons are in all religions and cultures in one form or another based on beliefs and origin stories. I take what I do out of religious context.

I can't afford to have a belief system's dogma endanger my life because they refuse to believe in what demons are and can and can't do. I must be open-minded and not restricted by culture or religion.

Q: What do you want to say to skeptics who say demons aren't real?

Joe: I'm not saying all, but a lot of the motivation for some skeptics is fear. They can't live with the knowledge that demons really exist. Other skeptics have closed minds and refuse to examine the most compelling evidence, so no amount of evidence will convince such a skeptic; they have already made up their minds.

Don't get me wrong; skepticism is good, and we



Demonic strength: This photo illustrates a person's strength once a demon gains control of them. Joe and his fellow investigators were present when this took place.

should use it extensively in our paranormal investigations. The point is that demons exist; some people need help, with no one to turn to. And despite the slings and arrows of some skeptics, if we can help these people, then do so.

My response is that I don't say anything to a skeptic. I continue researching, learn what I can, and help people when possible.

Q: Whose work in the paranormal field do you respect the most and why?

Joe: The old British ghost hunter Harry Price and in America, Hans Holtzer. I consider Hans Holtzer my mentor in the day. They were the pioneers of paranormal investigations when it was not respectable.

I think the show *Ghost Hunters* made it legit to hunt ghosts without negative repercussions, such as in the old days.

Q: You had an encounter with a Sasquatch in Northern Michigan back in 1968. How did that experience shape your interest in cryptozoology, and what have you uncovered about cryptids like Sasquatch since then?

Joe: Initially, it wasn't a fearful encounter, because I had no idea what I was looking at. At that time, no one knew of the Patterson film. It created a great interest in a subject that wasn't well known then.



Joe's investigative methodology is a meticulous blend of scholarly research and boots-on-the-ground fieldwork.

I learned the habitats they preferred and how to track them over the years. I know from all those years that the Sasquatches are highly intelligent apes. You're not dealing with a bear or other type of apex predator. That's the mistake most folks make when they look for them.

I can tell you they are omnivores, and they are cathemeral, not nocturnal, as many researchers believe. These are some of the discoveries I have made.

Q: You're involved with organizations like APRO and MUFON for UFO and alien abduction investigations. In your opinion, why is it crucial for there to be structured organizations investigating these claims rather than just individual efforts?

Joe: I don't know if it is crucial, but you can reach more people with an organization. As a collective, you can do a better job of research with the different experiences and talents of others.

I remember a lot of individuals who did their own investigations in the day, but we don't know what they did or what they discovered unless they wrote a book on the

subject or made a documentary. I also think the public will trust an organization rather than an individual you know nothing about, and you are telling them your darkest and sometimes most embarrassing encounters.

Q: Can you elaborate on your research methodology?

Joe: Define the phenomenon with what information you have, do your research, and consider the source of that research. Find those people with firsthand experience and interview them. If you have an opportunity to experience the phenomenon you seek, do so to help define the phenomenon better. Take careful notes, and be very observant. Look for patterns and repetition of the phenomenon.

You can now make predictions and formulate a hypothesis, then obtain your data, analyze the data, and draw your conclusions. Remember, scientific tools are used to measure the phenomenon, understand the instrument, how to use it, and what it is measuring. You then record your results and try to repeat the process to check against other results. Most times, the best instrument you have is your own body; note that as well.

The frustration is that the paranormal is most unco-operative.

Q: You've said that your journey into the paranormal is all about truth. How do you deal with the skeptics and naysayers who often dismiss this field as mere superstition or delusion?

Joe: I don't listen to such people. I question their motivations for taking such a stance. If there are some phenomena out there we don't understand, let's roll up our sleeves and reveal the truth, not reject it because it doesn't fit our comfy paradigm of the world.

Q: What are some common misconceptions people hold about paranormal investigations, and how does your work aim to correct those?

Joe: I don't think there are clear definitions of what we investigate in the paranormal. One of my pet peeves is the use of the term poltergeist. No one has yet given me a definition and defined precisely what it is.

Ghosts have moved objects; some people have telekinetic abilities to move objects. Yet, in the laboratory where these people were tested, they performed much weaker than observed in the field.

As far as ghosts, they were people once and were limited by what they did in life. A ghost could lift a book or knock it to the floor, but they couldn't lift a car because they didn't in life. The poltergeist was known to lift many hundreds of pounds.

We need good definitions of what we are searching for and experiencing.

Q: Can you give us a sneak peek into what subjects you'll be covering next? What can readers look forward to as they join you on your journey into the unknown?

Joe: I'm finishing a book on Sasquatch. It will contain my experiences and observations over the years to help demystify this cryptid and maybe make a paradigm shift in our perceptions of what the Sasquatches are.

I will next do a book on ghosts, revealing my experiences and findings of many a year in haunted locations. And I will probably do a book on alien abductions while I served in MUFON.

* * * * *

You can learn more about Joe and his work at his [Website](#) and [Facebook](#). You can also email Joe at societyofdemmonologists@yahoo.com. ♦



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HAUNTED HOLLYWOOD:

Celebrities Share Their Chilling Ghost Encounters

By Kelsey Christine McConnell, The Lineup

Have you ever had an experience with a spirit from the other side? While these strange brushes with the dead seem to happen more frequently during childhood, there are some people who are more sensitive to supernatural energies their whole life.

We've all heard about how pop star Kesha had sex with a ghost (and if you haven't, where have you been?), but there are plenty of other famous faces that have gazed through the veil.

A singer healing ghostly trauma through song? An actor reliving the pain of a gruesome death? Here are eight incredible celebrity encounters with ghosts.

Laura Linney

The acclaimed *Ozark* actress was a skeptic until she had her own paranormal encounter in New York City's famously haunted Belasco Theatre. The stories state that, since his death back in 1931, David Belasco, the theater's founder, has been spotted watching rehearsals from the balcony. The ghost of a woman — allegedly a chorus girl who died a mysterious death — is also spotted on occasion.

Laura Linney had been warned about the ghost activity at the theater, but when she looked up to the upper balcony during dress rehearsal, she didn't expect to see the woman in blue. After looking briefly back at her costar, Linney turned back to the balcony only to find it empty. When she brought the sighting up to the house manager later, he asked which gender the ghost was. Upon learning it was a woman, he reportedly responded with a knowing, "Blue dress, blonde hair?"

Demi Lovato

Singer and actor Demi Lovato has had no shortage of otherworldly encounters. Their connection to the spirit world began in childhood. One night, they reportedly saw a little girl dressed in 18th or 19th-century clothing standing in the closet. They also claimed that growing up, their dad's



Helena Bonham Carter (Photo: Alchetron)

belt would frequently go missing, only to turn back up again coiled up neatly on the bed. While the family was sleeping, Lovato's mom would also hear footsteps in the middle of the night.

As chilling as these experiences might have been, Lovato didn't shy away from their connection to the dead. They claim that not only is their Texas home haunted, but they actively go ghost hunting. During a ghost-hunting segment on their Peacock show *Unidentified with Demi Lovato*, they felt a spirit present in the room. When the spirit refused to communicate with the male ghost hunters in the room, Lovato identified trauma as the root cause of the disconnect. Once the men left the room, Lovato sang to the ghost, causing an uptick in noise from the electromagnetic field detector.

Matthew McConaughey

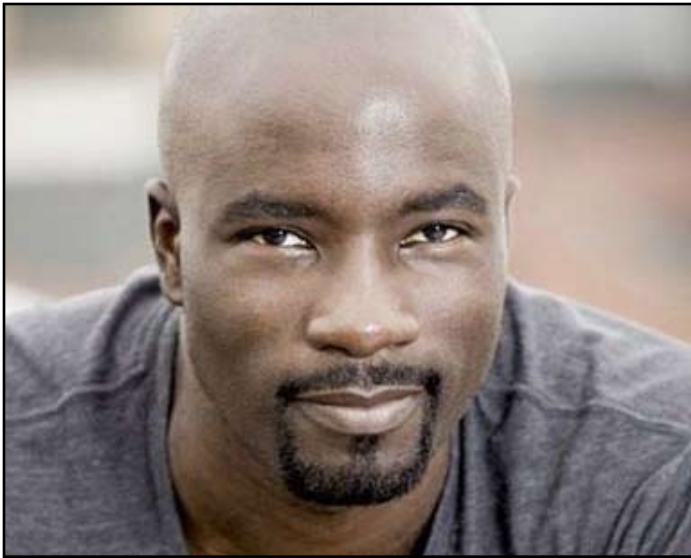
While he was doing press for his movie *Ghosts of Girlfriends Past* back in 2009, Matthew McConaughey opened up about the spirit that once haunted his home in Holly-



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CREEPY CRATE
BY THE LINEUP



Mike Colter (Photo: Alchetron)

wood. Prefacing that he “was not even under the influence,” he said that he saw a woman that he calls Madame Bleu. As he tells it, Bleu wasn’t at all happy to see him in return.

Taking a reasonable approach to the awkward cohabitation, McConaughey told the ghost that she could do as she pleased, but that he was there to stay. Guests visiting him over the next couple of weeks all reportedly felt her presence down the hall. However, after a while, the sightings of Madame Bleu fell away. Now her favorite room is beloved by McConaughey’s guests.

Helena Bonham Carter

In order to prepare for her role as Princess Margaret in season 3 of *The Crown*, Helena Bonham Carter felt it was important to get the inspiration’s blessing. The fact that Princess Margaret was dead wasn’t going to stop her. With the help of a psychic medium, Carter reached out to the royal to speak about the part.

According to Carter, Princess Margaret was pleased that Carter was in the role, rather than the other actress that had been considered. The backhanded compliment assured Carter that she was truly speaking to Princess Margaret, as in life she had a habit of putting someone down through compliments.

Beyond that, Princess Margaret had one piece of vital advice for the actress: “Get the smoking right.”

Keanu Reeves

When he was a young child, actor Keanu Reeves has a most excellent adventure in his New York City home. He says that he must have been about six or seven years old at the time, as his family has just moved from Australia. He was hanging out with the nanny, Renata, while his sister was sleeping when he saw it — a jacket waving through the door-

way. It was empty, with no body or legs attached anywhere. Just there one second and gone the next.

So young, he had been mostly confused by the experience. But when he looked over at Renata and saw her sitting there in terror, he knew that the ghostly encounter had been real.

Mike Colter

While he stars as one of the series leads in CBS’ *Evil*, Mike Colter is no stranger to the paranormal in his real life, either. The actor grew up in the south and claims that things happen there “that don’t happen anywhere else.” He said that when he would go to bed as a child, some supernatural force would be sitting on his chest. It would prevent him from getting up, opening his eyes, or breathing properly.

This was a frequent occurrence for Colter in his youth. When he spoke to his mother about it, she told him that the cause was a hag, drawn to him by his unsettled spirit.

Ewan McGregor

Ewan McGregor was attending drama school in London when he had his chilling ghost encounter. As it was around Easter and Passover, everyone was away for the holidays. Alone, he kept himself busy by stealing someone’s VCR and watching *Blue Velvet*. All was going well until he started running a bath.

As he was leaning in the doorway in his robe, he felt a sudden pain in his back. Startled, he ripped off the robe to find the back of it marred by a black burn mark. Besides the mark, there was no indication it had caught fire, but it was definitely singed, and he had a burn on his shoulder, too.

When he later told the story to the man who lived below him, the neighbor informed McGregor that the former owner of his apartment had been a recluse who died after his kettle started a kitchen fire and caused severe burning to his back.

Lily Collins

While actress Lily Collins claimed to have once stayed in a haunted hotel in Ireland, there’s a more incredible ghost encounter in her history. In 2019, Collins portrayed Ted Bundy’s ex-girlfriend Elizabeth Kloefer in the film *Extremely Wicked, Shockingly Evil and Vile*.

During filming, Collins reportedly began to be woken up in the middle of the night by flashes of images. Looking into the strange happenings, she found out that the veil between realms is thinnest at 3 a.m. — the time when she was being roused from her sleep.

Collins says that she believes these visions, akin to the aftermath of a struggle, were visits from the victims of Ted Bundy. As strange as these occurrences were, they didn’t strike fear in Collins. Instead, these visits made her feel supported. According to her, these spirits carried the energy of someone saying, “We’re here listening.” ♦



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TUNE IN TODAY ON ITUNES, PODBEAN & MORE!

THE NOTORIOUS LAKE MICHIGAN TRIANGLE

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

Lake Michigan has become known for unexplained disappearances, shipwrecks, and plane crashes. It's also known for the number of drownings in the lake. If you look at the drowning incidents of all the Great Lakes, 45% of the drownings occur in Lake Michigan alone. With the drownings and disappearances, locals feel the lake is cursed and have dubbed the area where the strange occurrences take place as the "Lake Michigan Triangle," which runs from Ludington, Michigan, to Benton Harbor, Michigan, to Manitowoc, Wisconsin.

The Lake Michigan Triangle is as dangerous as the Bermuda Triangle, Alaska Triangle, The Devil's Sea (AKA the Dragon's Triangle in the region of the Pacific, south of Tokyo), and the Sargasso Sea.

In the Lake Michigan Triangle, a ship called the *Le Griffon* vanished in 1679. It was a large trade ship, and to this day, the ship's wreckage has never been found. There is no trace of its large cargo and the crew. Where did this ship go?

There are stories that people have seen portals opening up in the skies over Lake Michigan. Unidentified Aerial Phenomena (UAPs) have been seen numerous times at Lake Michigan.

The Strange Case of Steven Kubacki

One of the strangest cases at the Lake Michigan Triangle is when Steven Kubacki disappeared and then reappeared. One snowy day, Steven took a break from Hope College, where he was a full-time student.

It was February 1978 when Steven decided to embark on a cross-country skiing adventure that would only last a couple of days. But, Steven somehow disappeared for a whole year and three months. Search and Rescue followed his footsteps onto the frozen lake, where his footsteps abruptly stopped.

There was no indication that he went back to his original resting place. It was like he was scooped up into oblivion. Search and Rescue thought maybe he fell into the



lake somewhere and was caught underneath the ice. The search team found his skis and backpack, but no Steven.

Then the story gets even weirder. On May 5, 1979, one year and three months later, Steven was back! He found himself laying in the grass at Pittsfield, Massachusetts, which is 700 miles from Lake Michigan. Steven told reporters that he was wearing clothes that did not belong to him and was carrying a backpack that contained maps.

Steven had no explanation for his disappearance. The strange clothes he was wearing and backpack he was carry-

ing didn't belong to him. Steven could not recall where he has been for 1 year and 3 months. He did say that he felt like he had done a lot of running.

But, Steven had no memory whatsoever of his disappearance. An added note: Steven was also wearing a T-shirt from a Wisconsin marathon. He did not know where the T-shirt came from.

Here is one theory: Steven was abducted by a UFO, and when the UFO occupants decided that they no longer wanted Steven, they returned him back to Earth and dropped him off at the wrong location. They placed clothes on him that belonged to another abductee.

In fact, some abductees have claimed that when they were returned back to Earth, they were dropped off in an area that they were not familiar with. Abductee Travis Walton was dropped off by the UFO alongside a highway and not the forest where he was originally abducted at. Another abductee was dropped off 30 miles from where his car was stalled at.

Most abductees have memory loss just like Steven, and only through regressive hypnosis are they able to recall what happened to them. It would seem logical that Steven was abducted: His footprints in the snow stopped abruptly, he was missing for over a year, he was 700 miles

from his original spot at Lake Michigan when found, and he was wearing strange clothes.

Steven has all of the earmarks of being abducted, and he was in the Lake Michigan Triangle, which is known for its paranormal high strangeness.

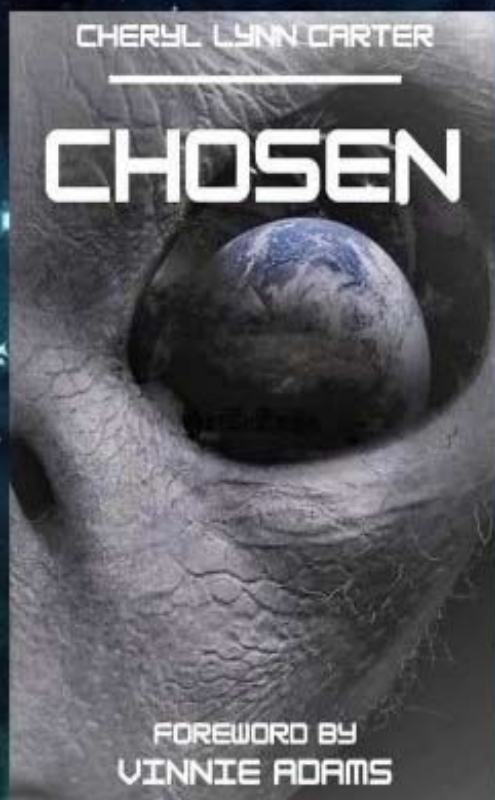
Deanna observed an orange globe hovering in the sky.

A Paranormal Encounter

When my wife, Deanna, lived in Eagle River, Wisconsin, and later in Deer Lodge, Montana, her father would take her and her sister, Abby, to Lake Michigan to go snowboarding. On one particular day there, Deanna observed an orange globe hovering in the sky. As she watched the globe, she received a mental message that she believes originated with the globe. The message was: "Do you want to come with us?"

In her mind, Deanna kept saying, "No." The globe then blinked out and was no longer hovering over Lake Michigan. Abby also saw the globe, but thought nothing of it. Shye did not receive any messages as she was enjoying her time on Lake Michigan snowboarding.

Note: Deanna has had many encounters with UFO phenomena, and as a little girl in Auburn, California, she believes she was abducted by a UFO she calls "the mysterious eye," because to her, it looked like an eye. ♦



Consciousness is described as perceptual awareness or higher-order thought. Further studies reveal the possibility of human interaction with non-human intelligence. Experiencers know this to be true: These glimpses of other realities leave one wondering:
Why was I chosen?

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The Cash-Landrum UFO Incident

By Cheryl Knight-Wilson

The term “UFO” often conjures up images of little green men or secret government operations. But sometimes, the phenomena leave something tangible in their wake: questions about human health, damage to property, and legal proceedings.

One of the most puzzling and unsettling UFO encounters is the Cash-Landrum Incident that unfolded on a quiet road in Dayton, Texas, on December 29, 1980.

A Night Like No Other

Betty Cash, Vickie Landrum, and Vickie’s grandson, Colby Landrum, were driving home after a dinner outing when they saw a light above the trees. Initially dismissed as an airplane, the light soon revealed itself to be something more startling — a hovering, diamond-shaped object emitting flames and intense heat.

The event left physical evidence: The car was reportedly so hot it burned to the touch, and Vickie claimed her handprint was seared into the softened dashboard vinyl.

But it didn’t stop there. Following the incident, all three individuals experienced symptoms ranging from nausea to skin sores and hair loss. Betty Cash’s condition was particularly severe, warranting hospitalization and subsequent treatment for what was first considered radiation sickness and later as cancer.

While critics argue that such symptoms should’ve led to immediate fatality if caused by ionizing radiation, these symptoms, which were documented, were not merely figments of imagination. What then could cause such acute health issues?



Depiction of the Cash-Landrum UFO.
(Image by Kathy Schuessler)

A Web of Contradictions and Legal Actions

While the trio’s description of the object was consistent, there were anomalies in their accounts over time, which critics are quick to point out. The arrival of 23 helicopters resembling military Chinooks further complicated the narrative.

Cash and Landrum contacted U.S. Senators Lloyd Bentsen and John Tower and were eventually advised to hire a lawyer. Their lawsuit against the U.S. government for \$20 million was groundbreaking but ultimately dismissed. The court found no evidence that the U.S. government or military was involved in the incident, a dismissal that only fueled more speculation and frustration.

The Cash-Landrum event didn’t escape the media eye. It was featured on mainstream TV shows, including *Unsolved Mysteries* and *UFO Hunters*, as well as the HBO documentary *UFOs: What’s Going On?*

While some UFO skeptics believe that the trio may have experienced a health crisis unrelated to a close encounter, the appearance of Chinook helicopters and corroborating witnesses adds layers of complexity.

The Significance of Cash-Landrum

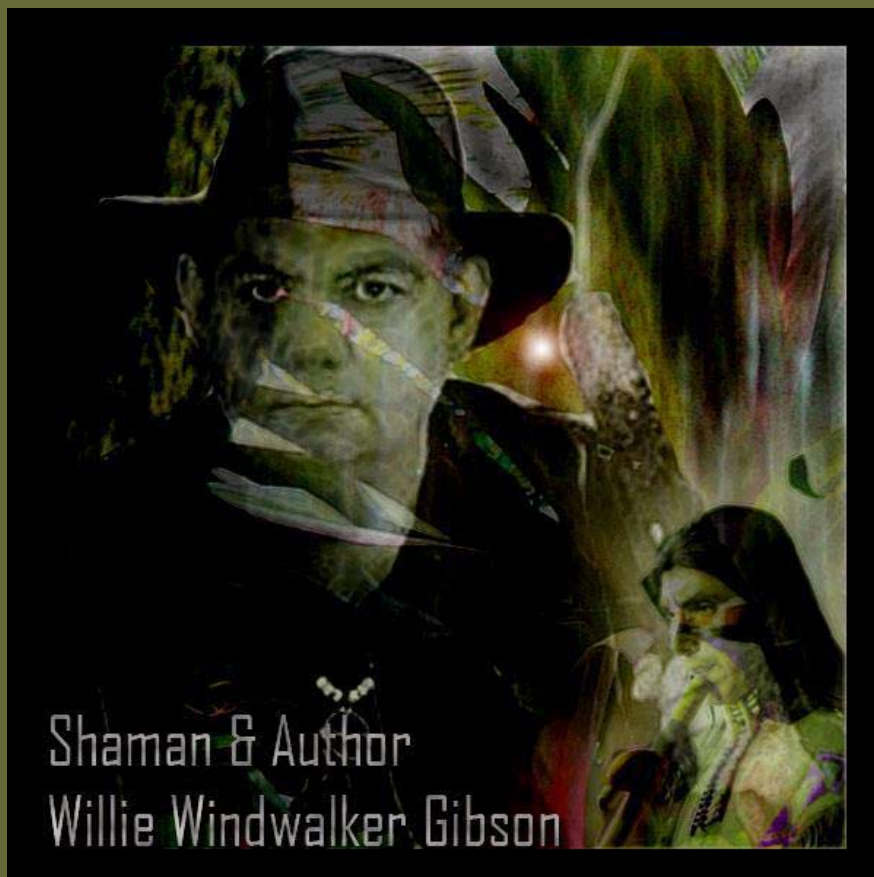
Betty Cash passed away 18 years to the day after the incident, and Vickie Landrum died in 2007. Yet, the questions surrounding this case continue to loom large. Skeptics and believers have sparred over its validity, but the lack of concrete evidence either way makes the Cash-Landrum incident a persistent enigma in the realm of UFO encounters. ♦



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From Ethereal Lights to Ferocious Beasts:

5 Unusual Mythological Creatures Across Cultures

By Chad Wilson

The realm of mythology is a treasure trove of tales filled with gods, heroes, and creatures, both wondrous and strange. Across different cultures, a plethora of unusual mythological creatures captivate the imagination and serve as symbols of human virtues, vices, or fears.

Here are some of the most unusual mythological creatures that have fascinated people for centuries.

1. Kawaakari – Japanese Mythology

In Japanese folklore, the Kawaakari is a creature that can best be described as a “river light.” Essentially a mysterious ball of light that floats on water, it leads people astray, much like the Western will-o’-the-wisp.

In some stories, it’s a manifestation of a water deity or a spirit that protects the river.

2. Nuckelavee – Scottish Mythology

Hailing from the Orkney Islands in Scotland, the Nuckelavee is a creature of pure malevolence. With the body of a man fused onto the back of a horse, this skinless monstrosity is a harbinger of famine and disease.

One of its most fearsome abilities is to exhale a “pestilential breath” that wilts crops and sickens livestock. While there are protective measures, such as crossing fresh water to avoid it, the Nuckelavee remains an embodiment of natural disasters and devastating epidemics.

3. Amarok – Inuit Mythology

The Amarok, found in Inuit myths, is a colossal wolf that stalks the Arctic wilderness. Unlike the more communal wolves commonly known, the Amarok hunts alone and is often seen as a symbol of the untamed, ferocious aspects of nature.

It’s said to prey on those who foolishly venture alone at night or who display hubris by challenging it directly.



4. Griffin – Ancient Greek and Persian Mythology

The Griffin is a creature with the body of a lion and the head of an eagle. Ancient Greeks and Persians used the Griffin as a symbol of divine power and guardianship.

While not as eerie as the others on this list, its hybrid nature and the reverence it received make it stand out as one of the most unusual creatures in ancient myths.

5. Drop Bear – Australian Mythology

While the Drop Bear is more of a modern myth or an inside joke among Australians, it deserves a mention for its sheer oddity. According to tales, the Drop Bear is a predatory version of the normally docile koala.

It’s said to drop from trees to attack unsuspecting passersby. The notion is so prevalent that even the Australian Museum has a tongue-in-cheek “fact sheet” on it. ♦

THE WORLD'S MOST RECOGNISED E-ZINE OF ITS KIND

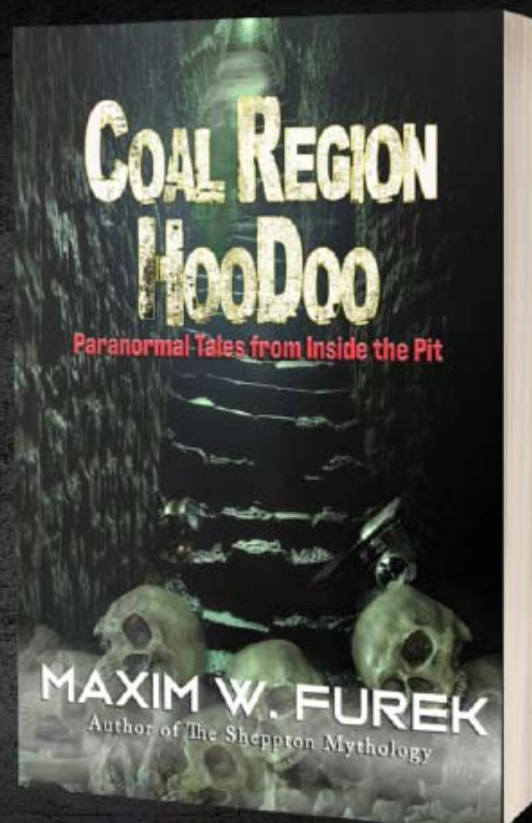
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BEYOND THE FRAY
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THE TOP HAT MAN

By Paul Dale Roberts, Halo Paranormal Investigations

I recently received an intriguing email from “Wrangler Dave.” Here’s what Dave relayed in the email about a paranormal encounter he had about 30 years ago ...

* * * * *

It’s a clear, fall evening in North San Juan, California. The year is 1993. I am with my dad on our draft horse ranch, which is 10 square miles in size up on a ridge by an old house. We were packing up to leave that house. We got into a 1976 primer gray-colored Chevy Suburban. We headed down a dirt road named Tyler Foot Road, when we saw an elderly African American gentleman walking alongside the road. He had on a top hat. He was also wearing an old, gray suit and using an umbrella as a cane.

The area that my dad pulled over at was an area that was approximately 6 acres in size of nothing but open field. My dad asked the man with the top hat, “What are you doing on this private property?” The man said, “I’m enjoying the cool night air, while admiring the stars.”

My dad told him that he needed to keep walking down the road, because he was trespassing, and when he got to the cattle guard about 3 miles down the road he would be off the property. Then we started to drive away.

We made it about 150 yards down the road, when my dad decided to stop to see if the man with the top hat was OK. We both looked for the man, but he had completely vanished. There was nothing but open field in all directions. There was no way an elderly man could just vanish like that.

We were shocked and couldn’t believe that a person could just disappear like that. We looked at each other and realized that the man in the top hat had to be a ghost.

My dad did some researching and discovered that this

man with a top hat once owned the house that we just left. He owned the house back in the 1880s and also died in the house. The clothes that he was wearing, including the top hat, were the clothes that he was buried in.

* * * * *

What I believe Wrangler Dave is talking about is pretty much commonplace at many haunted sites and locations. When I was stationed in Germany, I visited the very haunted Rheinfels Castle.

At the castle, ghost-hunting enthusiasts obtain a smorgasbord of EVPs. There are reports of shadow people and even sightings of full-bodied apparitions. Rheinfels Castle has had its share of deadly tragedies, and it was basically destroyed by French troops in 1797. A full-body apparition that has been seen by locals and tourists is named “Blue Coat.” In fact, Blue Coat is an apparition that will verbally interact with visitors.

Blue Coat got his name because he wears a German-style military blue coat. He also wears a Chapeau bras hat. When I visited the castle, a local told me that Blue Coat approached him and said: “in deckung gehen,” which means “to take cover.”

I asked the local if Blue Coat ever says anything else. He replied that there have been locals and tourists that claim Blue Coat will discuss various topics when asked. He has been known to say “guter tag,” which means “good day.”

When tourists and locals make contact with Blue Coat, they do not realize that Blue Coat is a ghost. They think he is an actor playing the part of a German soldier. But when Blue Coat fades away, they quickly realize he is an actual ghost. ♦





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IRISH SPIRITS

LEAP CASTLE AND BEYOND

BY WARREN GRAY

“There is something very eerie in being shut up within the four walls of a house with a ghost. The poor human being is placed at such a disadvantage.”

— St. John D. Seymour, *True Irish Ghost Stories*

Most people are familiar with noted Irish whiskey brands, such as Jameson, Tullamore Dew, Connemara, and Bushmills in the north, but there are certainly other, more-ethereal, Irish spirits that are truly noteworthy.

My wife and I first visited Ireland in April 2015, staying at the Racket Hall Country House Hotel just east of Roscrea, in central Ireland, for six nights, from April 21–27, 2015. Our planned main attraction in that area was Leap (pronounced “Lep”) Castle, five miles to the north, with a spooky reputation as the most-haunted castle in the nation, some say in the entire world.

We had made an appointment with Seán Ryan, the owner of Leap Castle, in nearby Coolderry, to explore it on the afternoon of April 24, but we didn’t have to wait that long for our first Irish, paranormal experience.

We had a great, comfortable hotel suite, Room 301, on the top floor. During our very first night, April 21 to 22, my wife woke me up at about three o’clock in the morning, asking if I had just touched her right foot and leg.

But it wasn’t me, since I’d been sound asleep. And as she looked over to awaken me, the sheets and blanket were pulled up about one foot into the air above my right shoulder as I slept on my left side, as if someone were looking beneath the sheets. Unfortunately, I slept through the bizarre incident, but my wife was totally unnerved by the strange experience.



Leap Castle is more than just a historical edifice; it’s a haunting labyrinth where spectral energies seem to dwell.

Haunted Leap Castle

On April 24, we kept our appointment with Seán Ryan at Leap Castle and sat patiently with him for a while in front of the hot, wood stove in the Great Hall as he assessed our intentions, played his tin whistle quite well, and agreed to let us tour the castle on our own, since his bad knees limited his mobility on the winding, spiral staircase of stone that led upstairs in the historic castle, which dates back to about 1250 A.D.

In the 1530s, the terrifying O’Carroll clan took control of the castle and often used it to stage massacres of rivals, and each other. There were two O’Carroll brothers, one of whom was a priest. The other, the one-eyed Tiege



Pictured above is a photo I took in the “Bloody Chapel” at Leap Castle. In an enlargement of the image (above at right), it almost looks like a floating, human face, with dark eyes, nose, mouth, and a left ear.

O’Carroll, was consumed by jealousy, and crept up the narrow, back staircase (closed to the public) one evening while his priest brother was leading a Catholic mass in the chapel at the very top of the castle. He then drove his sword through his back, killing him at the altar. This uppermost room has since been known as the “Bloody Chapel.”

My wife and I carefully explored the entire castle, floor by floor and room by room, reaching the Bloody Chapel last (pictured above). Using a K-II Meter, digital voice recorder, and digital camera, I asked a series of questions there, but disappointingly received no replies and no evidence of paranormal activity.

Much later, however, in late 2017, I read in a few blogs about the castle that if anyone had a photo of the small doorway leading to the back staircase, they should reexamine it very closely.

The image above was taken while I was saying aloud that, “This is your chance to show yourself.” There appears to be something in front of the doorway, breaking the outline of the overhead arch, which was not there before I took the photo. I also found a photo online that shows a

floating orb next to the archway, but nothing breaking the outline of the arch, and nothing visible beneath the arch. That photo was taken by ghost hunters in 2014.

In my photo, it almost looks like a floating, human face, with dark eyes, nose, mouth, and a left ear. It does not seem to be part of the stone wall behind it. It’s definitely unusual, and I have no valid explanation for the strange image.

The Blarney Woollen Mills Hotel

Our next Irish ghost adventure took place exactly three years later, on April 24, 2018, at the Blarney Woollen Mills Hotel, near the famous Blarney Castle. The mills were built in 1823 and operated for the next 150 years, until 1973, when they were closed permanently.

The hotel and adjoining gift shop (rather grandly dubbed “The Largest Irish Shop in the World”) were opened in 1975. Woollen mills were often very dangerous places to work, especially in the early years, when there was little regard for safety. Women, and sometimes children, were employed because they had smaller hands that could reach through tight areas in the machinery. But there were also frequent accidents, occasionally fatal.

We stayed in Room 205, an ordinary-looking, modern room, with no K-II Meter activity. But an EVP session at 6:06 PM with the DVR was another story entirely:

Me: “Would you like to tell us your name?”

EVP: “Yes ... BETH.” (Very breathy. I saved this remarkable EVP.)

Me: “You could get your fingers caught in it?”

EVP: “Yes.”

Me: “So they would know you were here?”

EVP: “Go Paw-paw.” (Note: “Papar” is old Irish for “Father,” usually pronounced “Paw-paw.” I also saved this EVP.)

At the very least, we captured an unusual photo and two excellent EVPs, certainly making our visit worthwhile in terms of paranormal activities. My wife and I have plans to return to Ireland and Northern Ireland next April, so perhaps there will be some new, Irish ghost adventures to relate in 2024! ♦

Necromancy

Communing With the Dead

By Rainbow Radaelli

Since the beginning of recorded time and cinema, there have been many movies and documentaries produced regarding communicating with the dead. Included in with this antiquated pastime is the darker and more sinister, “Calling the ghosts of the ancestors,” which sometimes could lead to the proverbial possession.

Whether it be ancient times or today, there are many reasons why this was and is done. It's not just for spiritual awareness; in some cases, it's a head start to a desired result. The evident, main core reasons are for divination, telling the future and hidden knowledge. But outside of these objectives, which have been done throughout history, there is also a darker reason. This reason is in of itself the root cause for the rise and fall of many civilizations. It's called ultimate power.

Summoning Spirits and Skirting Darkness

In the day of old, “the diviners of the dead,” would bellow in a combination of high-pitched squeaking with low humming. It was believed that the dead were drawn to a specific call, one that harkens them to our realm. Beacons the dearly departed was one thing, but unfortunately for the summoner, darker more sinister entities heeded this call as well.

The medieval necromancy was regarded to be “astral magic” based on Arabic influences. These influences are based on rituals that include the moon phases, sun placement, and time. Necromancy was also practiced in ancient Egypt, Babylonia, Greece, Rome, China and Persia. It was also widespread among the people of Chaldea, the Hermeticists or star worshippers. There are many names, including the Babylonian term, “Etemmu.” The Jews preferred a more formidable name, the Bone Conjurer.

The necromancy rituals were performed around a pit with fire blazing during the break of day. There was a specific procedure that had to be followed, which included blood of a sacrificed animal in order to concoct a liquid offering to the intended spirit or entity. This was drunk while prayers were being chanted, invoking the desired outcome.



Necromantic Ceremonies

Rituals themselves could be very elaborate, depending on the degree of conjuring the necromancers desired. Magic circles, wands, talismans, and incantations all represented the more elaborate ceremonies. These ceremonies were performed in places that had specific meaning to the practitioner, which could include confinement or imprisonment for the sacrificial offering. Depending on how dark a necromancer was willing to go, it wasn't always animals that were sacrificed.

The dark necromancer might wear the deceased person's clothing and consume food that symbolized, “lifelessness” and “decay.” Such fare was black bread and unfermented grape juice. I am assuming for the sake of the necromancer and ritual that they wouldn't actually drink or eat something that would make them sick. But some necromancers did go too far and consumed mutilated corpses.



Ceremonies can carry on for hours, days, or weeks, preparing for the actual summoning event itself. Interestingly enough, necromancers still to this day prefer to summon the “recently” deceased on the fact that they will speak more clearly. The timespan was limited to 12 months following the death of the physical body. After this time period, the necromancer would bring forth the deceased spirit instead.

With many of the ceremonies that necromancers partake in, they also include the use of hallucinogenic plants to intensify their mind-expanding excursions. These types of plants include black henbane, jimson weed, belladonna and mandrake.

Medieval Necromancy

In medieval times, necromancy could be extremely dark. They believed they could accomplish three things through necromancy. The first was will manipulation, the second illusions, and knowledge was the third.

Will manipulation affects the mind and will of another person, animal, or spirit. Within this manipulation, the call to demons was purported to cause madness, inflame hate, or to gain favor and restrain another person’s ability to succeed. Demonic possession was a liability.

Illusions entail reanimation of the dead or the conjuring of things that affect a person’s senses. Knowledge, being the ultimate end-all, was used to disclose information from either a deceased person or demon about various things, including finding things and the revelation of future events. Battles were fought with the knowledge taken from such rituals based on a necromancer’s ability to control the deceased or entity.

The Risks of Necromancy

With this knowledge known throughout the centuries, it’s vital to understand that almost anything can know the desires of humankind. It’s important to remember that what is hidden in the darkness also conceals its hidden agenda. There is not any ceremony done by humankind worth the loss of the soul.

Think about what’s at stake with necromancy ceremonies and rituals. Sometimes what is priceless can be offered up to the highest bidder. And with desires running high, the realization of what has been lost is inviolable.

That fleeting moment of regret stands as a testament to that which we don’t fully understand. As Spanish writer Baltasar Gracián stated, “Never open the door to a lesser evil, for other and greater ones invariably slink in after it.” ♦

Wurtsmith Air Force Base UFO Encounter

By Cheryl Lynn Carter

During two weeks in 1975, Department of Defense (DOD) documents reported that several nuclear missile launch sites were visited by unidentified low-flying objects.

Several Strategic Air Command (SAC) bases were placed on a high alert priority, Security Option 3, because of repeated intrusions of unidentified aircraft flying at low altitude over atomic weapons storage areas. These included: Wurtsmith AFB, Michigan; Loring AFB, Maine; Malmstrom AFB, Montana; Minot AFB, North Dakota; and Canadian Forces Station, Ontario, Canada.

The following is what occurred in my state of Michigan. Wurtsmith Air Force Base, named for WWII hero Major General Paul B. Wurtsmith, is located three miles northwest of Oscoda, Michigan.

In 1923, it served as a landing area for Army planes from Selfridge Field near Mount Clemens. It was home to the Strategic Air Command's Eighth Air Force, whose mission was to supervise and monitor the operation of the 379th Bomb Wing and the 351st Strategic Missile Wing. Encompassing 5,200 acres of land that house nuclear weapons, it is one of the Northern Tier bases assigned to North American Aerospace Defense Command (NORAD).

UFO Sightings

On October 30, 1975 at 10:10 p.m., people of the base family housing area located in the southwest part of the base observed a low-flying aircraft. At first, they thought it was a helicopter. It appeared to have running lights and hovered and moved up and down in an erratic manner.



In 1975, unidentified low-flying objects repeatedly visited nuclear missile launch sites, prompting multiple Strategic Air Command bases, including Wurtsmith AFB in Michigan, to go on high alert.

A1C Martin E. Tackabury, guarding the gate near the Capehart housing area, observed an object heading in a west-southwest direction with one white search light and two red lights at the rear. He could not hear any sound, because a B-52 was in the air nearby to the north.

Sgt. Robert J. Anderson, at the motor pool, observed an airborne KC-135 Stratotanker in the air. Below it was an unknown craft with a steady red light.

It appeared to be flying slower, ahead, and below the KC-135. It sounded similar to that of a helicopter. The sighting lasted 35 seconds.

At 10:24 p.m., A1C Michael Meyers, assigned to Security Police Unit 7, was on duty at the back gate. As he looked to the west, he could see several lights near the western edge of the base. He watched as the craft hovered over the nuclear weapons storage area. It then moved toward the north and appeared to lose altitude. Sgt. James A Miller, Security Police, observed and unknown craft in the Weapons Storage Area.

At 10:30 p.m., the Radar Approach Control reported tracking low-flying objects. They tracked it as it traveled a distance of 30 miles southwest of Wurtsmith. There was no visual sighting made by the tower personnel, and there was no attempt to make contact with the unknown craft by radio.

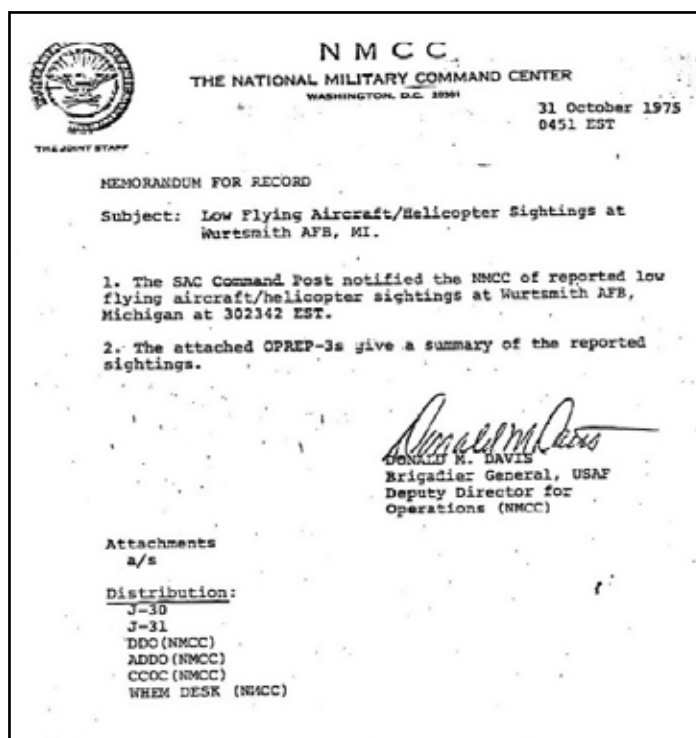
Security Police of the Weapon Storage Area notified Col. John J. Doran, vice commander of the 379th Bomb Wing. He, in turn, notified Col. Boardman Wing Commander. One of the KC-135 tankers had just returned to Wurtsmith after an aerial refueling mission. Col. Boardman, the Wing Commander, and Air Traffic Control vectored the KC-135 in the craft's direction to attempt to intercept the craft and try to identify it.

The UFO incidents remain shrouded in mystery and have prompted questions about government secrecy.

Those aboard the KC-135 were Major Frederick Pappas, plane Commander; Capt. K.E. May, co-pilot; Capt. Rick Meier, the navigator; Capt. Myron Taylor, instructor navigator; Capt. Randy Higginbotham, instructor pilot; and Sgt. Steve Smith.

Official Statement

Below is the statement from Captain Myron Taylor, as reported to Staff Sgt. Paul J. Cahill, 379th Bomb Wing: "We were returning from a refueling mission, and during our first approach into the traffic pattern, RAPCON (Radar Approach Control) vectored us to check out a reported UFO in the area of the Wurtsmith Weapons Storage Area. As I recall, this activity occurred between 10:30 and 11:00 in the evening.



Military personnel at Wurtsmith AFB reported visual and radar sightings of mysterious craft, with a KC-135 tanker vectored to intercept the object, which was able to evade pursuit and exhibited highly unusual flight behavior.

"I remember seeing lights similar to strobe lights, which were flashing irregularly. We followed the lights north out over Lake Huron, and then the UFO swung south still over the lake toward the Saginaw Bay area of Michigan. At first, it was difficult to tell whether there were two different objects because of the irregular flashing of the lights. But after observing the lights, we determined that there were in fact two objects and the irregular flashing appeared to be some sort of signal being passed from one to the other in an effort to maintain the same position. We were able to maintain visual contact most of the time, and I was only able to paint an object on the radar screen for about 10 seconds.

"I would estimate that our altitude was approximately 2,000 feet and our speed approximately 200 knots. Shortly after turning south in pursuit of the UFO, we called Approach Control and received blanket clearance to follow the UFO at all altitudes and at all vectors. Occasionally, RAPCON would pick up the UFO and help us by giving us vectors to the UFO's position.

"I would guess that we stayed close to the UFO



The Wurtsmith Air Force Base, located in Iosco County, Michigan, was an operational United States Air Force installation from 1923 until it was decommissioned in 1993.

most of the time, approximately one mile away, and each time we attempted to close on the object it would speed away from us. We followed the UFO down to Saginaw Bay and started across the Bay when we lost it because of all the fishing boats lights. At first, we thought it had landed on one of the large oil tankers but later decided that we had been wrong. We continued to search the Bay area but didn't see, it so we changed our heading for Wurtsmith.

"On the way back, we picked up the UFO again at our eight o'clock position. We turned away, and it proceeded to follow us. Finally, we turned back in the direction of the UFO, and it really took off back in the direction of the Bay, until RAPCON called us again and said they were painting a UFO four to five miles over the coast traveling in a westerly direction. They vectored us to the position of the UFO and we proceeded, but at that point we were low on fuel and were forced to return to Wurtsmith.

"I remember that while on final approach, we saw

the lights again near the Weapons Storage Area. Following the mission, we discussed the incident, and about a week later, Captain Higginbotham was questioned by the OSI, Office of Special Investigations, and was cautioned not to discuss the incident."

NORAD Log Entry

The following is the NORAD senior director's log entry, dated October 31: "Alerted by NCOC of a helicopter sighted over Wurtsmith AFB Weapons Storage Area, a tanker sighted same and pursued it 35 SE over Lake Huron. Upon request NCOC, Gen. Wainwright and concurrence Gen. Taylor contacted 379BW CP and offered assistance. Also advised ML, LH, and JL alert of possibility of a scramble."

Firsthand Account

Years later, after retiring from the military, one man would talk about that happened that day. A1C Mark Singh was part of the crew of a mobile RAPCON unit located on the north side of runway 24. He

stepped outside hoping to get a better look at whatever was on radar.

He saw a metallic disk about 75 feet long and 45 feet thick at its midpoint that was hovering over the alert area at about 150 feet off the ground. As the KC-135 was in pursuit, he observed the UFO go from a standstill of 0 knots and zoom to 300 knots.

If the aircraft observed over the Weapons Storage Area was only a helicopter, why were the men interrogated by the Office of Special Investigations (OSI) and Men in Black? Why were they informed there had been a security breach and they were not to discuss it with anyone?

Why were they threatened with being charged under an article of the Uniform Code of Military Justice (UCMJ) a federal law, be in violation of a National Security regulation, and be subject to a \$10,000 fine and 10 years in jail?

What exactly was the government covering up? ♦

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UNLOCKING THE POWER WITHIN:

5 TOP ENERGY-HEALING TECHNIQUES

By Chad Wilson

The realm of energy healing has expanded significantly over the past few decades, drawing from both ancient wisdom and modern scientific inquiry.

While some people remain skeptical, many swear by these techniques for improving both mental and physical well-being. In this article, we'll explore the top five energy-healing techniques that have gained credibility and a significant following.

1. Reiki

Originating from Japan, Reiki is arguably the most popular form of energy healing worldwide. The word "Reiki" means "Universal Life Energy," and the practice involves channeling this energy through the palms of the practitioner to the recipient. Reiki practitioners are trained to act as conduits, transferring energy into the patient's body to restore balance and facilitate self-healing.

What makes Reiki special is its non-invasive nature; no touch is required. Studies have shown that Reiki can be effective in reducing anxiety, enhancing relaxation, and improving certain physical symptoms like pain and fatigue. However, skeptics argue that the benefits are largely due to the placebo effect.

In my opinion, the tranquility often reported by individuals after a Reiki session suggests that there's more at play than mere suggestion.

2. Qigong

This ancient Chinese practice has been around for over 4,000 years and involves the manipulation of Qi, or life-force energy, through movement, breathwork, and meditation. Qigong (pronounced "chi gong") exercises are designed to cleanse, nourish, and circulate Qi throughout



the body to promote optimal health. Scientific evidence supports Qigong's potential in reducing stress, enhancing stamina, and even improving cardiovascular health.

The beauty of Qigong lies in its simplicity and accessibility. You don't need an expert to start practicing Qigong; simple exercises can be learned from books, videos, or workshops. However, mastering the subtleties of energy manipulation in Qigong often requires years of dedicated practice.

3. Chakra Balancing

Originating from Indian spiritual traditions, chakra balancing aims to align the seven major energy centers (chakras) in the body. Each chakra is believed to correspond with specific psychological and physiological func-

tions. Techniques like visualization, the use of crystals, and hands-on energy manipulation are common in chakra balancing.

While the scientific evidence behind chakra theory is limited, many people claim to experience heightened emotional and physical well-being after undergoing chakra balancing sessions. If you're someone who finds resonance in the metaphorical language of energies and chakras, this method can offer meaningful insights into your emotional and psychological state.

4. Pranic Healing

Pranic Healing comes from the word 'Prana,' which means life force in Sanskrit. This practice involves scanning the human aura to identify blockages and using hand movements to cleanse and rejuvenate the affected areas. The method also incorporates the use of color pranas, different types of energy to address specific issues.

Although Pranic Healing is less mainstream compared to Reiki or Qigong, it has garnered a devoted following. Some medical professionals even incorporate it into their practice, although this often sparks debate about its scientific validity.

5. ThetaHealing

ThetaHealing involves entering a theta brainwave state through meditation and then using this heightened state of consciousness to facilitate healing. Practitioners claim that ThetaHealing can address a wide range of issues, from emotional trauma to physical ailments.

Although the scientific community remains cautious about endorsing ThetaHealing, anecdotal reports suggest that it can be profoundly transformative.

The deep meditative states reached during the process may also offer general benefits associated with mindfulness and relaxation.

In Conclusion

Energy healing offers a diverse range of techniques to explore. Whether you're looking to relieve stress, address specific health concerns, or embark on a journey of spiritual growth, these top five energy-healing methods provide compelling avenues for investigation.

While science is still catching up to these ancient practices, their persistent popularity and the testimonials of countless individuals speak volumes about their potential efficacy. ♦

*Energy healing offers
a diverse range of
techniques to explore.*



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5 LESSONS FROM THE SHADOW AND ITS IMPORTANCE DURING SAMHAIN

By Dr. Athena Perrakis, Sage Goddess

October opens the door to the shadowy forests beyond the Veil — a place of deep darkness, where we can revel in the mysteries of the night. A place we can interact with the spirits of the past. A place where we confront our own memories, experiences, and skeletons. A place where we come face to face with our own shadow.

The only way out is through, and the only light you have to guide you is the one you have inside.

Your shadow is the collected mass of your pain, shame, and sorrow, and it has a voice, a way of being in the world, and an energetic frequency. There are also treasures in your shadow! Your sexy magic, creativity, and ability to believe in miracles are underneath all that other stuff.

Your shadow, if left unacknowledged in your subconscious, can be projected onto others and create karmic entanglements that take generations to reconcile. By engaging and integrating your shadow, you embrace all parts of you and step fully into your power.

Samhain and Shadow Season

Shadow comes out in the shadows, and Samhain (or Halloween) is shadow time! Samhain encourages us to look at death, spirit, and transformation as symbolic and natural parts of our own evolution. The Veil between the dead and the living gets thinner as the nights grow longer, and our shadows progressively become unavoidable.

Our shadow finds nourishment in darkness — in the deepest depths of our being. This is a powerful time to honor the darkness and further integrate it with the light. Ask yourself: What part of yourself scares you the most? What part of yourself needs to die in order for something else to grow in its place?

Samhain, the start of the Celtic New Year, is celebrated on the night of October 31. It's a time when we say goodbye to many things — to the spirits who have crossed the Veil to commune with us, to the crops and harvests we lost this year, and to the year itself, with all its blessings and chal-



lenges. Instead of creating resolutions on January 1 each year, most magical practitioners set intentions on November 1, which for us is the real “start” of the year ahead.

At Samhain, we honor the rebirthing process, the little death you can have while still alive, to cut off that rotting limb of energy that you keep dragging around. That old trauma, that leaking wound, the piece of you that is longing to die but you keep reviving for what are probably good reasons.

And yet how much more alive, more vital, lighter, better you will feel once you cut it off? Once you let the blood flow — once you recognize that it's best to let the dead have what is dead and keep what is alive for the living.

5 Lessons From the Shadow

1. Your Shadow is YOU: Your shadow is your darkness. It's the part of you that's kept hidden from everyone

else. It's in the deepest, darkest corners of your being where you store the ugly bits.

No matter how terrifying or uncomfortable it is for you to look at the darker aspects of yourself, it's essential that you do. You must walk beyond the curtain and hug those creatures. Cradle them. Love them. Integrate them into your being.

Your shadow cannot be destroyed, so when you abandon it for long periods of time, it will grow and seek its revenge. And it will not be pretty.

2. Your Shadow Doesn't Define You: But you can still learn from it. Everyone has a past and has to come to terms with their own darkness, but if we let every mistake define us, we wouldn't get out of bed in the morning.

Appreciate your imperfections — human beings would not exist without them. Our beauty is in our ability to move on. To integrate, rebuild, and start again. Honor your ancestors, and let your light guide you so you can be the beacon of hope for future generations.

3. Your Shadow-Self Is Like a Mirror: Sometimes, aspects of yourself will show up as a mirror to others. If someone displays unwarranted rage, they are projecting onto you because you are mirroring something to them that they struggle to process. And vice versa.

Many people are unaware of their triggers, which are accurate teachers about shadow work that needs to be done. Think about a time when you felt irrationally angry at someone. Did you struggle to understand why? Did you attempt to? This is just one of the ways your shadow can sneak up on you when you don't deal with it.

You can damage potential long-lasting relationships with others because of your own unresolved issues. Let this be a comfort to those of you who have lost relationships in the past at the hand of your shadow self. If that relationship meant something to you, maybe it's time to reach out.

4. Find the Advantage in the Disadvantage: One of the best things about understanding your disadvantages is being able to use them as your shield. When you use your flaws and disadvantages to your advantage, then no one else can use them against you. You create your own shield.

No one is like you. No one. And this is a difficult concept to grasp in our more formative years. Anything that differentiates you from the pack is subject to immediate ridicule. These memories damage our self-esteem, and our differences can become triggers instead of strengths. What if you changed that story? What if you embrace your quirkiness? Your weird habits?

Make a list of the things that make you different, and unique, and love yourself for them. When you hide your true self, you don't attract people you can relate to. Embrace



your flaws, your unique self, and you will find the advantage in the seeming disadvantage. You will be unstoppable.

5. Stop Overreacting to People or Situations: Overreacting is a clear sign of emerging shadow energies. When you overreact, you go beyond what a reasonable reaction should be and express deeper rage, sadness, confusion, or concern about a circumstance or event. This happens when an event triggers a painful or traumatic memory that feels like it's happening again in the present — like a new version of the past. Now the current event takes on the added weight of whatever past event triggered in you, and the person on the receiving end has no idea.

When you do your shadow work by excavating all your tricky sticky spots, you will no longer have them to serve as baggage in similar future experiences. You can surrender painful and traumatic experiences by simply allowing yourself to find and feel them, send love and light to them, and through that light, the healing begins.

In Closing

You won't be able to fully share your gifts with the world or experience your true magnificence unless you've confronted and integrated your shadow.

Your shadow is beautiful and significant, and not any less deserving of love and attention. Look at it. Work with it. Soothe it. Talk to the literal and symbolic ghosts of your past. If you don't, they will continue to haunt you.

When you become friends with your shadow, you embrace and accept all parts of yourself and traverse your world with courage. You live a great life, one that is only found by those who face the darkness and turn on the light. ♦

THE PHANTOM JANITOR: A Halloween Tale

By Willie Windwalker Gibson

In 1980, I was working as a peace officer. It was Halloween, and I was working off duty as protection on a movie called *Stripes*, starring Bill Murray. As the day's shooting ended for the night, I was left securing the movie set for the night.

For the movie, Columbia Pictures had secured an old prison compound and turned it into an army base. I was to keep watch on the sets and vehicles used in the movie. At night, the place was creepy. It was just outside of Louisville, Kentucky. There was very little lighting, and all I had was my flashlight.

I was walking around at about 2 a.m. on Halloween, when I heard the sound of a horn. It was coming from one of the vehicles parked on set. It was the RV that was used as a mobile attack vehicle in the movie.

I ran up to the vehicle, thinking that there was a trespasser. I drew my gun, and as I got to the vehicle, the horn stopped. I opened the door and went inside the RV. It was empty. There was no one there. I exited the vehicle and closed the door. Then I started my foot patrol again.

About 10 minutes later, I heard someone laughing. It was coming from one of the buildings. Once again, I drew my gun. I went inside the building and searched each room. I found nothing. Once again, I started my patrol.

About an hour later, I heard a voice yell, "HEY!" It was right behind me.

I turned around, and there stood a man. But, I could see right through him. He was a spirit entity. Being a shaman and a medium, I could see and hear him. He appeared to be around 60ish and was wearing gray overalls.

I asked him his name. He smiled and said his name was Calvin. I asked him why he was there, and he said that he was the janitor. I asked Calvin if he had honked the vehicle's horn earlier. He laughed and said yes.

Calvin said that he wanted to let me know he was there. I asked him if there were any more people there? He smiled and said there were a few. He then went on to say they watched over the place.

I asked Calvin if he and the others were mad that people were shooting a movie there. He answered emphatically, "HELL NO!" He said he loved the company.

I asked Calvin to please not cause any problems and just watch over the movie crew. He said they meant no harm; they were having fun just watching all the people.

Calvin also did say that he was a bit lonely. So, I asked him if he wanted me to cross everyone over. But he said no; they were there to protect the land. I told him that I understood.

The rest of the night Calvin and I walked the set and talked. Calvin was good company for me, and I think he enjoyed my company too.

As dawn broke, I told Calvin it was time for me to go. The movie crew had started to come on set for the day's shooting. But I told Calvin I would be back. Calvin said he would be here. Then he disappeared.

Over the next several months, as the movie was being shot, Calvin and I would walk and talk each night. When the movie was completed in January 1981, I bid goodbye to Calvin and the other spirits of *Stripes*.

It was a memorable experience that I won't forget. ♦





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